• **Suicide Depression**

- Suicide and Crisis Hotlines
  Toll-Free/24 Hours/7 Days a Week
  1.800.SUICIDE (784-2433)
  1.800.273.TALK (8255)
  [http://www.suicidehotlines.com](http://www.suicidehotlines.com)

- Samariteens – Boston
  3pm – 9pm on weekdays and 9am – 9pm on weekends (Teen to Teen)
  All other hours: calls are answered by an adult.
  1.800.252.TEEN (8336)
  [http://www.samaritanschop.org](http://www.samaritanschop.org)

• **Bullying/Cyberbullying**

- [http://www.elizabethenglander.com](http://www.elizabethenglander.com)

- [http://www.webhost.bridgew.edu/marc/marc_research.html](http://www.webhost.bridgew.edu/marc/marc_research.html)

• **Sexual Assault**

- Beth Israel Hospital Rape Crisis Service, Boston
  617.667.8141
  [http://www.bidmc.org/violenceprevention](http://www.bidmc.org/violenceprevention)

- Boston Area Rape Crisis Center, Cambridge
  1.800.841.8371 (24 hour hotline)
  [http://www.barcc.org](http://www.barcc.org)
- MGH Rape Emergency Unit, Boston
  617.726.2000

- Center for Sexual Abuse Counseling, Wellesley
  781.237.9110

- Rape Crisis Hotline
  800.870.5905 or 800.223.5001 (Spanish)
  Both Provide counseling for sexual assault survivors and referrals as needed.
  [http://www.rapecrisiscenter.org](http://www.rapecrisiscenter.org)

**Domestic Violence**

- Waltham Battered Women’s Support Committee, Waltham
  617.899.8676

- Women’s Protective Services, Metrowest
  800.593.1125 or 805.626.8686
  Rape crisis and domestic violence issues

- Bridge Over Troubled Waters, Boston
  617.423.9575
  M-F daytime only for non-emergency services.
  Emergency assistance 24/7
  [http://www.bridgeotw.org](http://www.bridgeotw.org)

**Teen Dating Violence**

- Violence Against Violence
  508.626.8686

- Teen Dating Violence DOVE Youth Hotline, Boston
  617.773.4878
  [http://www.doveinc.info/ourservices.html](http://www.doveinc.info/ourservices.html)

**Substance Abuse**

- Al-Anon/Alateen
  999.425.2666
  For more information for meeting schedule: 508.366.0556
  Monday – Friday, 9:00am – 4:00pm
  [http://www.al-anon.alateen.org](http://www.al-anon.alateen.org)
• Drug and Teen Alcohol, National 24-Hour Hotline
  800.252.6465

• Statewide Substance Abuse Information Line
  800.ALCOHOL
  800.COCAINEx
  http://www.800alcohol.com

• Eating Disorders
  - MEDA
    http://www.medainc.org

  - Walden Behavioral Care, Waltham
    781.647.6727
    Inpatient, residential, partial hospitalization and outpatient care
    http://www.waldenbehavioralcare.com

  - Newton-Wellesley Eating Disorders and Behavioral Medicine
    617.332.2700, x2
    Outpatient services for adolescents with eating disorders and their families
    http://www.nwedbm.com

  - Klarman Eating Disorders Center @ McLean Hospital
    617.855.3410
    http://www.mclean.harvard.edu/patient/child/edc.php

• Gay, Lesbian, Bisexual, Transgender
  - Natick High School GSA
    https://www.facebook.com/NatickGSA

  - LGBT Helpline
    888.340.4528
    Get referrals to the services you need. Healthcare, housing, violence, recovery, HIV/AIDS, etc.
    http://www.glnh.org

  - Boston Gay & Lesbian Adolescent Social Services, Boston
    617.266.3349
    Provide informal counseling, advocacy and referrals on everything from housing issues to health care.
    http://www.jri.org/glass
- **Peer Listening Line, Boston**  
  617.267.2535 or 800.399.PEER (7337)  
  Monday – Friday, 4:00pm – 10:00pm  
  Trained GLBT youth volunteers can help you find a service, phone number or just be a friendly and nonjudgmental person to talk with.

- **Same Sex Dating Violence, Fenway Community Health Violence Recovery Program**  
  800.834.3242  
  [http://www.fenwayhealth.org/site/PageServer?pagename=FCHC_srv_services_violence](http://www.fenwayhealth.org/site/PageServer?pagename=FCHC_srv_services_violence)

**Grief/Beareavement**

- **Jeff’s Place**  
  Jeff’s Place offers bimonthly open-ended peer support groups for children ages 3-19 and their caregivers who are coping with the death of a loved one. All groups are facilitated by professionally trained volunteers and monitored by a masters prepared clinician who completes intake evaluations on each family.  
  [http://www.jeффsplace metropolitanwest.org](http://www.jeффsplace metropolitanwest.org)

- **Good Grief Program**  
  617.414.4005 or 617.921.4008  
  For more than 20 years, the Good Grief Program has offered clinical, training and consultative services to families, educators and health providers and communities to help adults help children facing life’s speed bumps. When children and families face any of life’s stressors, they can feel overwhelmed, whether it’s acute or on-going, due to illness, a disruption in the family, a death or a divorce, a difficult diagnosis or any of life’s speed bumps. Based on the premise that with crisis comes an opportunity to develop, strengthen and master coping skills, our mission is to train adult professionals, support families and scaffold children so that they may become resilient in the face of loss. We can help in a number of ways.  
  [http://www.bmc.org/pediatrics-goodgrief.htm](http://www.bmc.org/pediatrics-goodgrief.htm)

**Other Adolescent Services**

- **Covenant House Nineline**  
  800.999.9999  
  24-Hour, toll-free crisis hotline, which provides: crisis intervention, referral and information services to homeless, runaway and other troubled youth and their families.  
  [http://www.nineline.org](http://www.nineline.org)
- Best Team  
  800.981.4357  
  24-Hour crisis team available to evaluate adults and children in a psychiatric emergency. Serves those in the Greater Boston area who are not insured or have MassHealth. They are able to provide consultation and referrals to others calling in a crisis situation.

- National Alliance on Mental Illness, MA Branch  
  781.938.4048  
  Provides information about NAMI and links to numerous organization and groups that provide support to teen and families.

• Other Resources

- Natick Police Department  
  [http://www.natickpolice.com](http://www.natickpolice.com)

- Natick Service Council  
  [http://www.natickservicecouncil.org](http://www.natickservicecouncil.org)